

2023
ANNUAL REPORT

POTENTIAL
momentum
strength

Help when cancer strikes
anxelTM
foundation

Dear friends,



David M. Becker
President and CEO

In 2023 Angel Foundation's™ board of directors, key stakeholders, and staff unveiled our three year **Bigger, Bolder, Better** strategic plan. When we created the plan, it placed cancer patients at the heart of everything we hoped to achieve. Our vision was to reach even more Minnesotans facing cancer by encouraging innovative ideas, building strong partnerships, and advancing health equity. We knew our efforts to address the social determinants of health would require extraordinary patience—and that it would not happen overnight. Momentum was the force that kept Angel Foundation™ going.



Kirstie Foster
Angel Foundation™
Board Chair

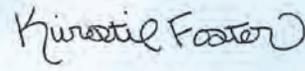
Throughout the year, our motivation was high, but it was our momentum—the action part of the equation—that kept us striving to reach our goals each and every day; expanding into Duluth and the surrounding area to build capacity and reach into new markets, serving ninety patients from thirty-one tribal nations through our Minnesota Indigenous Cancer Survivorship Financial Assistance Program, having our Emergency Financial Assistance Program Manager, Brianne Hager, personally answer 2,760 calls from patients, securing the largest grant in our history from the W.E.M. Foundation, and most importantly, serving 3,153 clients and their families, more than we have ever served in a single year.

Angel Foundation™ believed that leading by example was key to our momentum. By utilizing data, convening conversations, and using our shared knowledge to work together, we saw measurable achievements across all our strategic goals. We forged new partnerships, believing that we are only at our best when we provide services in league with the communities we serve, not for them. And serving our clients is what motivated us every day.

The growth that Angel Foundation™ has experienced in just the past few years has been inspiring. What has been even more exciting to us is the collective potential and momentum to make Angel Foundation™ better than we are now. To turn big dreams into bigger realities, we continue to look ahead and plan for the future. By 2025 our **Bigger, Better, Bolder** plan will have doubled the number of patients we serve! Our board is already initiating conversations about what the next ten years will bring. And in all that we do, you have our promise to continue to put the needs of cancer patients and their families first.

With grateful thanks,


DAVID M. BECKER
President & CEO


KIRSTIE FOSTER
Board Chair

Angel Foundation™ 2023 Community Impact

64 COUNTIES SERVED



1679 INDIVIDUALS served

\$1,138,339
Granted for food, fuel,
housing and utilities
(cumulative)

8787
Lives Touched
(cumulative;
total households)



261 PARTICIPANTS

\$1,565,739
Value to
participants

115 TYPES OF CANCER SERVED



980 ANGEL PACKS™ given out

852
Attended
Family Programs

2760 Client Calls Answered

Services provided to
**Black, Indigenous,
and People of Color**

48%
INCREASE

624
Served in
2022

926
Served in
2023

3515
PATIENTS SERVED
(unique individuals)

Those Who Give

Community Fundraisers

Thank you to our Community Fundraisers, a passionate assembly of individuals, groups, and businesses that created fundraising campaigns to benefit Angel Foundation™. Our work and mission would not be possible without them.

\$50,000+

Ames for Angel
Bearpath Women's League
Golf Tournament
Hope in Motion

\$10,000 - \$49,999

Team Huro No One Fights
Alone Benefit Ride
Tri 4 Your Cure Golf
Tournament
White Castle Round Up
Program

\$1,000 - \$9,999

Celebration in Honor of
Tracy Hache Abraham
Henry Childs Cello Concerto
Farrell's eXtreme
Bodyshaping Friends
& Family Fundraiser
Holy Family Girl's Hockey
Kapps for Cancer
Master Halco
Minnesota Oncology
Medical Records
T-shirt Sale
Salon Ultimo
Strike Out Cancer Baseball
Tournament
Vista Outdoors/Federal
Cartridge Breast Cancer
Awareness

Corporate Partners

Thank you to our generous Corporate Partners, who stepped forward to ensure our cancer community became stronger, more inclusive, and more sustainable than ever.

\$50,000+

Ameriprise Financial
Ames Construction
Blue Cross and Blue Shield
of Minnesota
Genentech
Minnesota Oncology

\$25,000 - \$49,999

AbbVie
Allianz Life Insurance
Company
Midwest Radiology
Optum
SEMA Construction

\$10,000 - \$24,999

Allina Health Aetna
AstraZeneca
BeiGene
Cobb Strecker Dunphy &
Zimmerman
McKesson Corporation
MR Instruments
Pfizer
Seagen
SunStream Business
Services

\$5,000 - \$9,999

Bremer Bank
Bristol Myers Squibb
Castle Rock Bank
Cemstone Products
Company
CliftonLarsonAllen
Consulting Radiologists
Daiichi Sankyo
Eisai

Exelixis
Feldmann Imports
Fredrikson & Byron
HealthPartners
Jazz Pharmaceuticals
Key Cadillac
Lilly USA
M. A. Mortenson Company
M Health Fairview
Master Halco
MidCountry Bank
Minneapolis Radiation
Oncology
Pharmacyclics
Polaris Industries
Radiation Therapy Center
at Fairview Southdale
SFM Mutual Insurance
Company
Stonebridge Capital
Advisors
Vermillion State Bank
ZCW Properties

*"Thank you so much for the generous gift.
I am so grateful, and so appreciative. This will make a huge
difference in my ability to purchase necessary items
while I am on disability."*

— Emergency Financial Assistance
Grant Recipient

Angel Foundation™ would also like to thank all our supporters who either gave anonymously or contributed less than the amounts listed in this report. Every gift was critical to the delivery of our programs.

We would also like to thank all who designate Angel Foundation™ in their employer's workplace giving campaigns. Additionally, we are grateful to all who attended our events, shared our message with others, or supported Angel in any way. You are all important and help us provide quality programming for adults and families in our community who are facing cancer.

We make every effort to acknowledge our generous donors. Please accept our sincere apology and contact us if your name was inadvertently omitted.

Thank you for being part of the Angel Community.

Community Organizations and Foundations

Angel Foundation™ thanks these generous Community Organizations and Foundations, who ensure we can have a positive impact on the lives of the patients and families we serve.

\$50,000+

Foundation for Financial Planning
WEM Foundation

\$25,000 - \$49,999

Bame Foundation
Colon Cancer Coalition
Fridley Lions Club
The Richard M. Schulz Family Foundation



\$10,000 - \$24,999

Fred C. and Katherine B. Andersen Foundation
Boost for a Cure Cancer Alliance
Chorzempa Family Foundation
Humor to Fight the Tumor Foundation
IUOE Local 49
Minnesota Breast Cancer Coalition
Rusty and Mary Jane People Foundation
\$5,000 - \$9,999
The Acorn Foundation
Burnsville Community Foundation
Burns Family Foundation
Laker Athletic Booster Club
Lakeview Hospital
Minneapolis Area Association of REALTORS® Foundation
Shakopee Mdwakanton Sioux Community
Wright-Hennepin Electric Trust

Long-term Donors

Long-term donors make an investment in Angel Foundation™, and we recognize these philanthropic leaders as advocates who create long-lasting changes for individuals facing cancer and their families. In grateful recognition of these Companies, Foundations, and Individuals' Lifetime Giving.

\$1,000,000 and above

Ames Construction
Minnesota Oncology
Dr. Mark and Margie Sborov
Susan G. Komen

\$100,000 and above

Al and Fayette Ames
Butch Ames
John and Sharon Ames
Ronald and Debbie Ames
Curt E. Arvidson
Kim and Richard Brown
Dr. Catherine Casey and Edward Kadletz
Drs. Mary and Tony Cook
Dr. Tom and Helen Flynn
Jim and Zeke Gray
Kelly and Jeff Grosklags
David and Betty Johnson
Al and Marsha Lietz
George Maas
Janice and Timothy Maudlin
The Estate of Eileen Mather
Vince and Ann O'Brien
Dr. Mark and Margie Sborov
The Estate of Betty J. Walen

\$50,000 and above

Peter and Claire Abeln
Dr. Tom Amatruda
Richard J. Ames
Dr. Cheryl Bailey and Dan Humes
Stuart and Laura Bell
Dr. Ellen Bellairs and Alfred Wagner
Dr. Stuart and Carolyn Bloom
Mike Buttry and Susan Burke
Ann and John Cahill
Joel and Teresa Carlson
Cynthia and Brad Chandler
Dr. Richard and Jean Diaz
David and Cristy Fine
Dr. PJ and Jody Flynn
Vicki and Howard Groff
The Estate of Robert E. Haines
Lexi and Jon Hansen
Mary Johander
Dr. Rajini Katipamula-Malisetti
Dawn and Paul Kessler

Dr. Noel and Marcelle Laudi
Marcia and Rick Lund
Dr. Brian and Kristin Maxwell
Dr. Warren and Brenda McGuire
Yvette and David Mullen
Jerry and Bridget Ouimet
Steven and Anna Phillips
Roger and Suzanne Porter
Brendan and Renee Reardon
Thomas and Tracy Rheineck
Tom Roos
Dr. Steven Rousey and Diane MacMillan
Sonja and Troy Savage
Dr. John Schwerkoske and Linda Knapp
Dr. Avina and Gaurav Singh
Bob Steffes
Dr. Annie Tan and Richard Kaung
Dr. Paul Thurmes and William McClaren
WEM Foundation
Dan Weninger and Chance Wagoner

"I want to thank you so much for the financial help. It was much needed. I was just crying about not having food in the house or household items and I got your gift in the mail. The work you do is so appreciated."

— Emergency Financial Assistance Grant Recipient

Individuals

Thank you to this remarkable group of Individuals whose generosity in 2023 advanced Angel Foundation's™ mission, transformed our work, and helped us reach more patients and families than ever before.

\$50,000+

Butch Ames
Jim and Zeke Gray
Janice and Timothy Maudlin
Dr. Mark and Margery Sborov

\$25,000 - \$49,999

Al and Fayette Ames
John and Sharon Ames
The S. Bartley Osborn Family

\$10,000 - \$24,999

Ronald and Debbie Ames
Curt E. Arvidson
Kara and Robert Bunchek
John and Ann Cahill
Dr. A. Catherine Casey and Edward Kadletz
Heather and David Dorsey
Charles and Emily Durant
The Estate of Robert E. Haines
Lexi and Jon Hansen
The Estate of Bonnie Laird
Judy and Howard McDermott
Yvette and David Mullen
Lynn and John O'Neil
Jerry and Bridget Ouimet
Thomas and Tracy Rheineck
Tom Roos
Ben Schmidlein
Joseph and Tamara Schwartz
Barbara Thorndike

\$5,000 - \$9,999

The Estate of Illisia Kay Abrahams
Dr. Uzma Ali and Arif Abbas
Dr. Thomas Amatruda
Chris and Marna Bame
Richard Baumann
Kathy Burns
Sarah and Terry Clark
Dennis and David Delude-Nafus
Dr. Thomas and Helen Flynn
Vicki and Howard Groff
Kelly and Jeffrey Grosklags
Ruth Haggerty
Dr. Lisa Hamilton
Mark and Emily Joern
Mary Johander
Michael and Holli Johander
David and Betty Johnson
Jim Kampa and Amanda Novak
Dr. Rajini Katipamula-Malissetti
Marcy Keckler and Tom Fabbro
Marsha and Subhaash Kumar
Kathy Tseng Liu
Marcia and Rick Lund
Dr. Amy McNally and Nick Pifer
Vince and Ann O'Brien
Robert and Joann Olson
Ben and Jeanne Overman

Dr. Steven Rousey and Diane MacMillan
Herve and Jennifer Sarteau
Trina Solano
Mary Lynn and Warren Staley
Bob Steffes
Mary Jane Steinhagen
Dr. Paul Thurmes and William McClaren
Matt and Kristina Vesledahl
Dan Weninger and Chance Wagoner
Steven and Susan Zimmerman



2023 Board of Directors

Margie Sborov, Founder
Yvette Mullen, Immediate Past Chair
Kirstie Foster, Chair
Marcy Keckler, Vice-chair
Scott Schufman, Treasurer
Amanda Knutson, Secretary
Dr. Uzma Ali
Cindy Blackstock
Cindy Chandler
Kristen Farnsworth
Molly Gantz
Todd Hedtke
Lisa Horgeshimer
Ken Horstman
Kristin LeBre
Beth Monsrud
Amy Rewey
Tom Rheineck
Jackie Thomas-Hall
David Becker, Ex-officio

Angel Development Committee

Lisa Horgeshimer, Co-chair
Margie Sborov, Co-chair
Damon Alm
Courtney Anderson
Kate Birrenkott
Kristen Farnsworth
Sean Finn
Ashley MacHolda
Colleen McGillis
Jane Patterson

In the interest of conserving financial and environmental resources, we no longer list everyone who donated to Angel Foundation™ in the print version of the Annual Report. To view a comprehensive list, please visit mngel.org.

Emergency Financial Assistance



"We help because my committee members and I know firsthand the pain of having loved ones with cancer, and can't imagine adding financial concerns to that journey."

Bonnie Hullett, chair
Bearpath Golf Committee



Angel Foundation's™ Emergency Financial Assistance (EFA) program aims to increase access to care and improve the overall quality of life for adults as they move through the cancer experience. Financial assistance is provided for non-medical basic needs, including food, housing, and utility payments. In 2023, we added support for car payments, insurance, and repair. To qualify, eligible applicants must be at least 18 years old with a verified cancer diagnosis, meet financial criteria (200% of the Federal Poverty Guidelines), be in active treatment, and reside (or receive treatment) primarily in the fourteen-county Twin Cities area. A percentage of our support is conducted in Duluth and Rochester in Minnesota and St. Croix County in Wisconsin. Each approved applicant can receive an EFA grant between \$700 and \$1,000, depending on household size.

In 2023 Angel Foundation™ dispersed \$1,116,897 to 1,679 patients to provide comfort and peace of mind during the overwhelming months following a cancer diagnosis. But we did not do it alone. Corporate partners like Genentech, Blue Cross and Blue Shield of Minnesota, and individuals like Jan and Tim Maudlin made our efforts possible. Another critical group of people helping us bring relief to cancer patients hosted third-party fundraising events. A third-party event is hosted by a non-affiliated group, organization, business, or individual to raise funds for Angel Foundation™. People like Georgia, Little Miss Wisconsin, raised funds to honor her grandfather, who was helped by Angel Foundation™ in 2017, baseball teams in Waconia and Prior Lake hosted Strike Out Cancer, Team Huro held motorcycle ride to honor friend and survivor Mike Huro, White Castle's Round Up Program donated \$45,646, and Tri4Your Cure, the Bearpath Ladies League, and Ames for Angel hosted golf tournaments.

Over the eleven years Ames Construction has hosted their event at Somerby in Byron, Minnesota, the event has raised more than \$4 million dollars. In total, dedicated third-party event organizers raised \$187,392 in 2023 to ensure that no one has to face cancer alone.

Financial Cancer Care

Angel Foundation's™ Financial Cancer Care program connects cancer patients with a Social Worker and a Pro Bono Certified Financial Planner™ through educational workshops and one-on-one meetings. The goal of the program is to provide a road map for patients to help decrease anxiety about managing finances as they navigate the potentially devastating effects of cancer-related financial toxicity. More than 600 families have benefitted from the Financial Cancer Care program since 2020. Ameriprise Financial and the Foundation for Financial Planning® continued their financial support to make this program available.



Jennifer Jones, Vice President
Community Relations
Ameriprise Financial

"Angel Foundation's™ Financial Cancer Care program offers a meaningful service that helps people during some of their hardest days. At Ameriprise, our financial advisors have the skills and resources to ease some of the day-to-day financial stresses people going through cancer face, so they can focus on healing and spending time with loved ones. Proudly, we were a founding partner of the Financial Cancer Care program and look forward to continuing our partnership."

Lynn's Story

When Lynn, a 50-year-old woman living in Minneapolis, went in for what she expected to be a routine colonoscopy procedure in 2021, it turned into anything but routine. The procedure and subsequent diagnostic tests revealed a Stage 1 colon cancer diagnosis, which Lynn's doctors were able to successfully treat with surgery. Post-surgery, however, Lynn decided to undergo genetic testing for cancer as a precaution, and the results showed that she had a specific gene mutation which put her at high risk of developing a variety of cancers, especially reproductive cancers. After meeting with her oncology team, she began taking measures to preserve her health and potentially save her life, undergoing several preventative surgeries to ward off any further cancer from developing.

During this time, Lynn's focus at first was on staying healthy, not her finances. She was fortunate to have both decent health insurance and an emergency fund to fall back on. While she did have to pay \$7,000 in out-of-pocket expenses that first year, she was so thankful that she had money to cover the bills.

"Cancer is not something you plan for. I've always been a saver, so I had some savings built up. I had a kid in college whose tuition I was helping cover so I wanted to leave a cushion; however, ultimately, I had to drain my savings to cover my surgery bills. I'm just thankful that between my savings and my health insurance I didn't end up with a mountain of debt."



Lynn's oncology team decided that she should undergo further surgeries in 2022. As these surgeries approached, her mind turned to her finances, specifically what would happen if she were to pass away. In 2021, Lynn's own mother had passed away, and Lynn found that dealing with practical issues like settling her mother's estate and accessing her

mother's financial accounts to be extremely stressful. Having two sons in their 20s, Lynn said, "The experience I had with my mom was not an experience I wanted for my own children"; however, with so much already on her plate, Lynn knew she needed a trusted expert to help her figure out what exactly needed to be done to get her financial house in order. After hearing about Angel Foundation's™ Financial Cancer Care Program through a friend, she reached out and was matched with a CFP® volunteer.

When she first met with the pro bono financial planner, Lynn explained her situation, emphasizing that her primary concern was getting her financial affairs in order for her kids in the event of her death. The planner helped her make a checklist of all the various financial, legal, and estate planning tasks that would need to be addressed, including updating her health care directive, making her kids her 401k beneficiaries, filing forms at the bank that would give her kids access to her accounts, updating her will and trust, and

even simply making sure that all of her life insurance, legal, and financial paperwork was stored in a safe and central location.

As the conversation wrapped up, Lynn also mentioned a recent experience with the hospital billing department, where she had been encouraged to pay off her surgery bill in full by using a credit card and had been met with resistance when she asked about a payment plan instead. Lynn shared, "What they were encouraging me to do didn't seem like the most prudent idea. I had already depleted my savings account paying for previous surgeries, so I didn't want to also have credit card debt on top of no savings." The CFP® volunteer confirmed that was the best choice given her current financial situation and encouraged her to secure a payment plan. A few weeks after their meeting, the CFP® volunteer followed up to see how Lynn had progressed with her checklist, which Lynn greatly appreciated. "It held me accountable to actually do the action items."

Today, Lynn continues to take preventative measures to protect her health. Having her finances in order has lifted a huge weight off her shoulders. She said "In the weeks leading up to surgery, it was easy to get stuck in my own head and to start chronically worrying. Meeting with the CFP® volunteer and having all of my ducks in a row financially helped me remain calm. I don't want to put my kids through what I went through with my mom and having everything in order financially allowed me to let go of that worry."

Adult and Family Programs

Angel Foundation's™ Adult and Family Programs (AFP) provide free education and emotional support for children, adults, and families. In 2023, 852 family members attended events. Making Memories provided fun activities like sporting events and theater productions to families with limited finances to afford these extras. These events allowed families to spend time together, forget about cancer, even if only for a short while, and find some moments of joy.

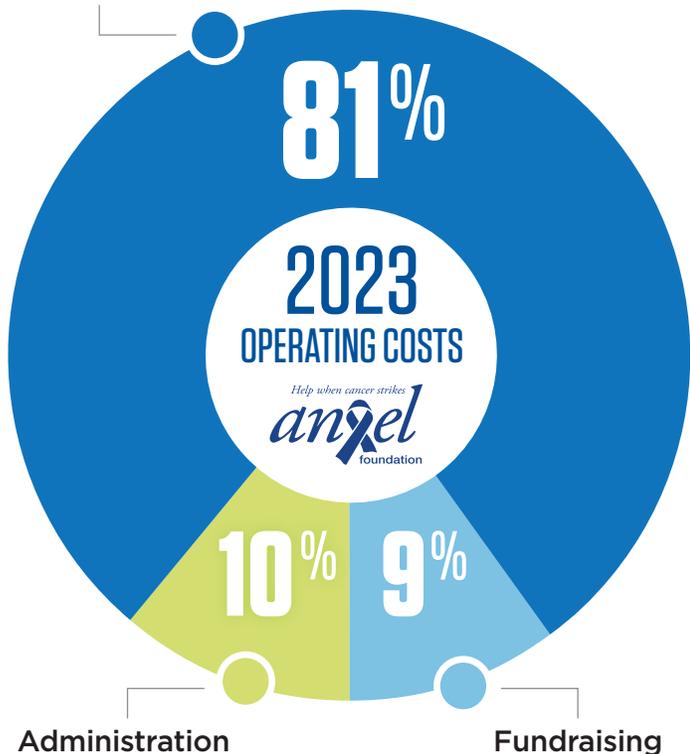
An important part of the AFP program is Angel Packs™, age-appropriate kits designed to help adults talk to children about cancer using evidence-based research. A guidebook provides advice on talking to children about diagnosis and treatment, how they might react to the news, and ways parents can support their children, plus many more helpful tools that can provide comfort and promote healthy conversation. Angel Packs™ have gone through several iterations through the years, and in 2023 we were proud to distribute 980 of the new and improved version, which included thirty different items, each with instructions and a clear therapeutic purpose, including a Medical Play kit using both real and pretend medical items to ease children's possible fears regarding the healthcare setting and simultaneously enhance their health knowledge, and of course, their very own Rory the Lion stuffed animal. For parents, we included a guidebook with helpful information about how to start the difficult conversation about cancer, and how to answer questions like "What is Chemo?" and "Will you be okay?" to provide much needed information, comfort, and support.

Family Camp Angel provided a one-day camp experience that was a blend of serious and silly activities, focused on creating a meaningful experience support tailored to the needs of families affected by a parent's cancer in our community. Campers found adventure and creativity, built trust in themselves, and added friends to their network of support. We are grateful to the thousands of donors who provided financial support to help everyone through the challenges of coping with a parent's cancer diagnosis.



Financials

Programs & Services



Public Support and Revenue

Contributions	\$2,187,929
Special Events, net	\$970,176
In Kind.....	\$188,756
Other Income.....	\$4,562
Total.....	\$3,351,414

Expenses

Programs and Services*	\$2,699,760
Administration.....	\$330,398
Fundraising	\$29,170
Total.....	\$3,321,868

Net Assets

Change in Net Assets	\$241,873
Net Assets, Beginning	\$3,815,944
Net Assets, Ending	\$4,057,817

Total Assets	\$4,746,426
Total Liabilities.....	\$688,609
Total Net Assets	\$4,057,817
Total Liabilities & Net Assets	\$4,746,426

* Program Expense Breakdown

Emergency Financial Assistance.....	\$1,559,540
Adult and Family Programs.....	\$707,499
Financial Cancer Care.....	\$432,721
Total.....	\$2,699,760



Angel Pack™



For over a decade, Angel Foundation™ has provided thousands of Angel Packs™ to parents and caregivers in Minnesota to give their children, preteens, and teens the most current, accurate, and easily digestible information about what cancer is and how it is treated. As soon as we launched the updated Child Angel Pack™, we began making similar updates to our preteen version.

We proudly unveiled the new and improved Preteen Angel Pack™ at the 2024 Angel Gala, and the updated teen version in May. Preteens receiving Angel Packs™ will now explore creative additions like “What is Cancer?” an Escape Room-Challenge, which explains what cancer is and the medical terminology associated with it, “An Inside Look and Rory’s Almost Impossibly True Story,” a graphic novel exploring Rory’s mother’s cancer journey and his feelings about it, a Bravery Bracelet kit, a guided journal, much, much more. We are currently working on the online version of the teen Angel Pack™.

“I was a little worried about what I was saying [about my diagnosis], because I didn’t want to say the wrong thing and scare him. Now, I have this awesome guide to help me. You tend to overthink things as a parent when you’re going through something like this, so [the Angel Pack™] has been incredibly helpful.”

—Preteen Angel Pack™ recipient

The Child, Preteen, and Teen Angel Packs™ are available free of charge to children who have a parent or loved one impacted by cancer that is living or being treated in Angel Foundation’s™ service area. For those outside of our service area, Angel Packs™ are available for purchase.

To learn more or request an Angel Pack™ for someone you love, visit mnangel.org/adult-family-programs or reach out to programs@mnangel.org.

OUR MISSION

Angel Foundation™ offers relief to adults with cancer and their loved ones through financial assistance, education, and emotional support.

OUR VISION

Our vision is for all adults facing cancer to have the resources they need throughout their journey.

Help when cancer strikes

angel™
foundation

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Mendota Heights, MN 55120**

Angel Foundation™ is a non-profit 501(c)(3) charitable organization. Your gift is tax-deductible as allowed by law. Federal Tax ID 41-1990883